

Unit/Essay Four: Food Consciousness

After considering the texts we have shared, and maybe some you have made/found on your own, **write an essay developing an original thesis idea that accurately expresses your food consciousness**, explaining as needed your level of knowledge and awareness regarding nutritional, economic, or/and social factors associated with food. **See if you can find – and ‘test’ with your thinking and reasoning – answers to some genuine questions that arise during our class’ consideration of this subject.**

Some questions to consider:

Do we (specify: most people; California; the U. S. A.; the world) have a healthy food system? Do you, personally? How could people at any or all of those levels make healthier choices?

What problems have been revealed in our food system texts? Do they worry/concern you?

What problems in our food system do more people need to know about? How might people who are worried about our food systems reach people who haven’t thought much about it?

Students will be asked to:

- 1 – Write notes on current knowledge and questions regarding Slow Food.
- 2 – Share these notes in writing and/or verbally, and annotate the class/group discussion.
- 3 – Read, watch, listen to and discuss texts on the new (2000’s) food movement, and annotate as you go, so that you will have a record of your observations and evaluations of each text.
- 4 – Consider connections with the texts we have shared this semester. Which of them helps you to understand something, and/or offer(s) a helpful standard for critique?
- 5 – Build an **annotated bibliography (AB)** for at least three texts* you will use in the essay.
- 6 – Present the annotated bibliography with your **working thesis** ideas on May 7th or 12th. Students who want to show files via the projector (web, PowerPoint, Word or .pdf) must email the files to the instructor prior to the class meeting: cweidenbach@peralta.edu
- 7 – Using the work above, build a formal essay developing a unique thesis, and making direct references to at least two of our class’ shared texts, and either one ‘new’ text or one reference resource. Due May 14th or _____ (finals week).

Annotated Bibliography, In-text Citations, and Works Cited

As with most formal college/ university coursework, all referenced sources must be named and cited according to professional guidelines: presented first in an annotated bibliography, then cited within the essay’s paragraphs, as well as in a Works Cited list at the end of the essay. Monday, May 5th and Wednesday, May 7th will be classroom days where we cover these components.