Name:_____date:_____

Final Paper: Check list : Due: November 29, 2012

Item:	Points possible	Your points
Quotes with page numbers from the textbook or power points- need a total of 10.	25	
Clearly write why the 3 health behaviors were chosen, (for example if you wanted to feel more secure about your finances, give some background about what money means in your family):	20	
Clearly write the challenges faced with each health behavior, (what were some of the blocks to achieving your goals):	20	
Clearly describe what was done to achieve the desired health outcome, be very detailed:	15	
Clearly writes the update for 4 weeks on a chart like the one on page 17 of your textbook.	10	
Minimum 4 pages	10	
Early submission before Nov 29,2012	10	
Total:		

It you want to see some examples of papers from my previous students please come by my office, SC-412