**Mutations in ESRRA and HDAC4 genes cause a chronic imbalance of which hormone?**

a) Testosterone

b) Endorphins

**c) Estrogen**

d) Calcium

**What causes Bacterial Vaginosis?**

A) Showering with scented soap

B) Not showering

C) All of the above

D) None of the above

***What does Tethered Cord Syndrome cause?***

A) Destroys Blood Cells in the spinal cord.

B) This syndrome causes an abnormal stretching in the spinal cord.

C) Loss of back function right away.

D) It doesn't cause anything at all, is harmless.

**According to a new report from the United Nations, Which country is the most obese in the world?**

    A. U.S.A.       B. Hungary   **C. Mexico**    D. Norway

**According to the National Osteoporosis Foundation what is NOT a risk factor for osteoporosis?**

 A. Post-menopausal status  B. Over the age of 50  **C. Being a white woman**  D. low body weight

**Which of the following are clinical syndrome shown in a frail individual?**

     A. Weight loss     B. Self- reported exhaustion    C. Depression   **D. A and B**     E. All of the above

**Which of the following is not one type of protein supplements?**

a.Protein powder.

b.Protein bar.

c.Weigh gainer.

d.Meal replacement.

**e.All of them are protein supplements.**

**Name one strategy used to reduce consumption of sugar-sweetened beverages.**