



# FROM COVERAGE TO CARE

**From Coverage to Care** is an initiative to help people with new health care coverage understand their benefits and connect to primary care and the preventive services that are right for them, so they can live a long and healthy life. We encourage you to share these resources with consumers, and help them on their journey from coverage to care. We also hope you share information about local resources during your conversations, to help individuals know where and how to access care in your community.

To view, print, and order *From Coverage to Care* resources, go to <http://marketplace.cms.gov/c2c>.

## PRINT RESOURCES:

- **A Roadmap to Better Care and a Healthier You**

- Step 1 – Put your health first

- Step 2 – Understand your health coverage

- Consumer Tool: Sample Insurance Card 1-pager

- Step 3 – Know where to go for care

- Consumer Tool: Differences Between Your Provider's Office and the Emergency Department 1-pager

- Step 4 – Pick a provider

- Step 5 – Make an appointment

- Step 6 – Be prepared for your visit

- Step 7 – Decide if the provider is right for you

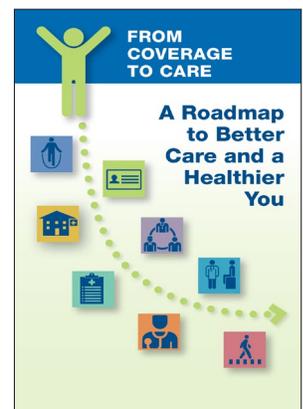
- Step 8 – Next steps after your appointment

- Consumer Tool: Sample Explanation of Benefits 1-pager

- 1-page Roadmap – Standard Size 8.5x11”

- 1-page Roadmap – Poster Size 11x17”

- Discussion Guide for Community Partners



## GET THE LATEST UPDATES:

Sign up for the CMS Minority Health listserv to learn when new resources are available by entering your email at [https://public.govdelivery.com/accounts/USCMS/subscriber/new?topic\\_id=USCMS\\_610](https://public.govdelivery.com/accounts/USCMS/subscriber/new?topic_id=USCMS_610).



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## VIDEO RESOURCES:

Chapter 1 – My New Health Plan

Chapter 2 – Understand the Plan

Chapter 3 – Words to Know

Chapter 4 – Where To Go For Care

Chapter 5 – Finding a Provider

Chapter 6 – Making an Appointment

Chapter 7 – Almost Ready

Chapter 8 – My First Visit

Chapter 9 – Like or Dislike

Chapter 10 – The Day After

Chapter 11 – The Final Word



## STAY ENGAGED:

- Sign up for our Minority Health listserv for updates on new resources by entering your email at [https://public.govdelivery.com/accounts/USCMS/subscriber/new?topic\\_id=USCMS\\_610](https://public.govdelivery.com/accounts/USCMS/subscriber/new?topic_id=USCMS_610).
- Retweet us using #C2Croadmap.
- Share our widget on your webpage.



## SHARE YOUR STORY:

- Contact us at [coveragetocare@cms.hhs.gov](mailto:coveragetocare@cms.hhs.gov) with your questions, feedback, and to share your stories about consumers learning to use their coverage to get the care they need.

## CITE OUR RESOURCES:

From Coverage to Care Roadmap [or other resource name]. June 2014. Centers for Medicare & Medicaid Services, Baltimore, MD. <http://marketplace.cms.gov/c2c>.

