

COSMETOLOGY

(COSM)

DAY PROGRAM (CERTIFICATE OF ACHIEVEMENT/ASSOCIATE IN ARTS)

The Cosmetology program prepares students in all phases of cosmetology. The program consists of 1600 hours training in theoretical foundations, manipulative skills, business knowledge, professional and ethical practices and prepares students to take the California State Board of Cosmetology examination for licensure. Admission Requirements: Contact the Cosmetology Department at (510) 464-3285 for supplementary application information and forms. First-time students are required to attend an orientation meeting. A grade of "C" or above is required in each prerequisite course to continue in the sequence of course offerings. Transfer students may be accepted when space is available, providing they have not achieved more than 200 certified hours and apply within a one-year period of withdrawal from a previous school. Upon completion of the 1600-hour program, students are eligible for the Cosmetology certificate and are qualified to apply for licensing through California State Board of Cosmetology.

Degree Major/Certificate Requirements:

Dept/No.	Title	Units
FIRST SEMESTER		
COSM 210	Cosmetology Theory I	5
COSM 210L	Cosmetology Laboratory I	7
COSM 211	Manicuring and Pedicuring I	1
COSM 212	Chemical Services/Haircutting I	1
COSM 213	Hairstyling Services/Haircutting I	1
COSM 214	Haircolor Services/Haircutting I	1
COSM 215	Facials I	1

SECOND SEMESTER

COSM 220	Cosmetology Theory II	5
COSM 220L	Cosmetology Laboratory II	7
COSM 221	Manicuring and Pedicuring II	1
COSM 222	Chemical Services/Haircutting II	1
COSM 223	Hairstyling Services/Haircutting II	1
COSM 224	Haircolor Services/Haircutting II	1
COSM 225	Facials II	1

THIRD SEMESTER

COSM 230	Cosmetology Theory III	5
COSM 230L	Cosmetology Laboratory III	7
COSM 231	Manicuring and Pedicuring III	1
COSM 232	Chemical Services/Haircutting III	1
COSM 233	Hairstyling Services/Haircutting III	1
COSM 234	Haircolor Services/Haircutting III	1
COSM 235	Facials III	1

Total Required Units: 51

For Associate Degree General Education Requirements, refer to page 150.

Program Learning Outcomes for Cosmetology: Day Program CA

Students who achieve a degree will be able to:

- Provide professional hair, nail and skin care services.
- Write an effective resume.
- Pass California State Board Exam for cosmetology license.



EVENING PROGRAM (CERTIFICATE OF ACHIEVEMENT/ASSOCIATE IN ARTS)

The Cosmetology program prepares students in all phases of cosmetology. The program consists of 1600 hours training in theoretical foundations, manipulative skills, business knowledge, professional and ethical practices and prepares students to take the California State Board of Cosmetology examination for licensure. Admission Requirements: Contact the Cosmetology Department at (510) 464-3285 for supplementary application information and forms. First-time students are required to attend an orientation meeting. A grade of "C" or above is required in each prerequisite course to continue in the sequence of course offerings. Transfer students may be accepted when space is available, providing they have not achieved more than 200 certified hours and apply within a one-year period of withdrawal from a previous school. Upon completion of the 1600-hour program, students are eligible for the Cosmetology certificate and are qualified to apply for licensing through California State Board of Cosmetology.

Degree Major/Certificate Requirement:

Dept/No.	Title	Units
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FIRST SEMESTER

COSM 210	Cosmetology Theory I	5
COSM 210LE	Cosmetology Laboratory I	5
COSM 211	Manicuring and Pedicuring I	1
COSM 212	Chemical Services/Haircutting I	1
COSM 213	Hairstyling Services/Haircutting I	1
COSM 214	Haircolor Services/Haircutting I	1
COSM 215	Facials I	1

SECOND SEMESTER

COSM 220	Cosmetology Theory II	5
COSM 220LE	Cosmetology Laboratory II	5
COSM 221	Manicuring and Pedicuring II	1
COSM 222	Chemical Services/Haircutting II	1
COSM 223	Hairstyling Services/Haircutting II	1
COSM 224	Haircolor Services/Haircutting II	1
COSM 225	Facials II	1

THIRD SEMESTER

COSM 230	Cosmetology Theory III	5
COSM 230LE	Cosmetology Laboratory III	5
COSM 231	Manicuring and Pedicuring III	1
COSM 232	Chemical Services/Haircutting III	1
COSM 233	Hairstyling Services/Haircutting III	1
COSM 234	Haircolor Services/Haircutting III	1
COSM 235	Facials III	1

FOURTH SEMESTER

Select one course from the following:

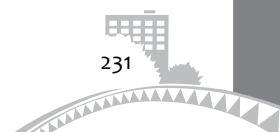
COSM 240LE	Cosmetology Laboratory IV	5
COSM 200	Special Projects Laboratory(1-7)	5

Total Required Units: 50

For Associate Degree General Education Requirements, refer to page 150.

Recommended:

BUS 20, 54
COMM 45
PSYCH 6
SOC 1



Program Learning Outcomes for Cosmetology: Evening Program CA

Students who achieve a degree will be able to:

- Provide professional hair, nail and skin care services.
- Write an effective resume.
- Pass California State Board Exam for cosmetology license.

COSM 200

Special Projects Laboratory

1-7 units, 3-21 hours laboratory (GR)

Prerequisite: Completion of lecture and laboratory

COSM courses from any level (210-220-230)

Course study under this section may be repeated three times.

Laboratory experience in all phases of Cosmetology:
Developing proficiency, accuracy and speed. 3007.00

COSM 201

Manicurist Theory

7 units, 7 hours lecture (GR)

Corequisite: COSM 201L

Principles and procedures in all phases of manicuring and pedicuring: Applied principles of bacteriology; anatomy, physiology and chemistry of nails, hands, and arm structure; disorders and diseases of the nail; sanitation; health and safety/hazardous substances; salon management; state rules and regulations. 3007.00

COSM 201L

Manicurist Laboratory

6 units, 18 hours laboratory (GR)

Corequisite: COSM 201

Laboratory experience in all phases of manicuring, pedicuring, and related operations. 3007.00

COSM 210

Cosmetology Theory I

5 units, 5 hours lecture (GR)

Corequisite (s): COSM 210L or 210LE, 211, 212, 213, 214, 215

Beginning cosmetology theory: Bacteriology, public health and safety, HIV and hepatitis, disinfection and sanitation, hygiene and grooming; professionalism and ethics; State Board Rules and Regulations Act and Performance Criteria; dermatology, trichology, onychology structure and function, disorders and diseases, related anatomy and physiology. 3007.00

COSM 210L

Cosmetology Laboratory I

7 units, 22.5 hours laboratory (GR)

Corequisite(s): COSM 210, 211, 212, 213, 214, 215

Practical training for beginning level skills in all phases of beauty culture. 3007.00

COSM 210LE

Cosmetology Laboratory I

5 units, 15 hours laboratory (GR)

Corequisite(s): COSM 210, 211, 212, 213, 214, 215

Practical training for beginning level skills in all phases of beauty culture. 3007.00

COSM 211

Manicuring and Pedicuring I

1 unit, 1 hour lecture (GR)

Corequisite(s): COSM 210, 210L or 210LE, 212, 213, 214, 215

Beginning manicuring and pedicuring: Terminology and definitions; disinfection and sanitation; tools and equipment; nail cosmetics; public health; safety; onychology structure and function; nail shapes; water and oil manicures; men's manicures; arm and hand massage; pedicuring; foot and ankle massage. 3007.00



COSM 212

Chemical Services/Haircutting I

1 unit, 1 hour lecture (GR)

Corequisite(s): COSM 210, 210L or 210LE, 211, 213, 214, 215

Beginning chemical services and haircutting: Terminology and definitions; permanent wave and relaxer chemistry; rod selection and sectioning patterns; physical and chemical actions; wrapping, timing, and text curls; neutralizing; strand testing; base and no-base relaxers; virgin and retouch applications; application methods; smoothing; processing and neutralizing; stature, facial and head shapes; hair growth patterns; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting. 3007.00

COSM 213

Hairstyling Services/Haircutting I

1 unit, 1 hour lecture (GR)

Corequisite(s): COSM 210, 210L or 210LE, 211, 212, 214, 215

Beginning hairstyling and haircutting: Terminology and definitions; scalp treatments and conditioners; brushing and manipulation; chemical styling tools; wet and thermal hairstyling; stature, facial and head shapes; hair growth patterns and distribution; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting. 3007.00

COSM 214

Haircolor Services/Haircutting I

1 unit, 1 hour lecture (GR)

Corequisite(s): COSM 210, 210L or 210LE, 211, 212, 213, 215

Beginning haircolor and haircutting: Terminology and definitions; history of haircolor; scalp and hair analysis; hair color classifications; haircolor chemistry; color developers; consultation, predisposition and strand testing; record cards; tint applications; stature, facial and head shapes; hair growth patterns; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting. 3007.00

COSM 215

Facials I

1 unit, 1 hour lecture (GR)

Corequisite (s): COSM 210, 210L or 210LE, 211, 212, 213, 214

Beginning facial and skin care: Disinfection sanitation; public health; safety precautions; tools and equipment; skin care cosmetics; draping and client protection; skin analysis; terminology and definitions; skin cleansing; massage; plain facials; eyebrow arching; packs and masks; daytime make-up. 3007.00

COSM 220

Cosmetology Theory II

5 units, 5 hours lecture (GR)

Prerequisite (s): COSM 210, 210L or 210LE, 211, 212, 213, 214, 215

Corequisite: COSM 220L or 220LE, 221, 222, 223, 224, 225

Intermediate cosmetology theory: Bacteriology, public health and safety, disinfection and sanitation, hygiene and grooming; professionalism and ethics; State Board Rules and Regulations Act and Performance Criteria; dermatology, trichology, onychology structure and function, disorders and diseases, related anatomy, physiology and chemistry; laboratory technique training, MSDS requirements; hazardous waste disposal; desk and receptionist training. 3007.00

COSM 220L

Cosmetology Laboratory II

7 units, 22.5 hours laboratory (GR)

Prerequisite(s): COSM 210, 210L, 211, 212, 213, 214, 215

Corequisite(s): COSM 220, 221, 222, 223, 224, 225

Practical training for intermediate level skills in all phases of beauty culture. 3007.00

COSM 220LE

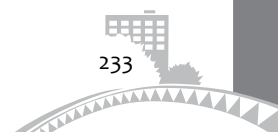
Cosmetology Laboratory II

5 units, 15 hours laboratory (GR)

Prerequisite(s): COSM 210, 210LE, 211, 212, 213, 214, 215

Corequisite(s): COSM 220, 221, 222, 223, 224, 225

Practical training for intermediate level skills in all phases of beauty culture. 3007.00



COSM 221

Manicuring and Pedicuring II

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 210, 210L or 210LE, 211, 212, 213, 214, 215

Corequisite(s): COSM 220, 220L or 220LE, 222, 223, 224, 225

Intermediate level manicuring and pedicuring: Terminology and definitions; disinfection and sanitation; tools and equipment; nail cosmetics; public health; safety; onychology structure and function; disorders and disease; nail shapes; water and oil manicures; nail mending and repairs; silk and paper wraps; artificial nails; hazardous waste disposal; men's manicures; arm and hand massage; pedicuring; foot and ankle massage. 3007.00

COSM 222

Chemical Services/Haircutting II

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 210, 210L or 210LE, 211, 212, 213, 214, 215

Corequisite(s): COSM 220, 220L or 220LE, 221, 223, 224, 225

Intermediate level chemical services and haircutting: Terminology and definitions; permanent wave and relaxer chemistry; rod selection and sectioning patterns; physical and chemical actions; wrapping, timing, and text curls; neutralizing; strand testing; base and no-base relaxers; virgin and retouch applications; application methods; smoothing; processing and neutralizing; stature, facial and head shapes; hair growth patterns; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting. 3007.00

COSM 223

Hairstyling Services/Haircutting II

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 210, 210L or 210LE, 211, 212, 213, 214, 215

Corequisite(s): COSM 220, 220L or 220LE, 221, 222, 224, 225

Intermediate level hairstyling and haircutting: Terminology and definitions; scalp treatments and conditioners; brushing and manipulation; chemical styling tools; wet and thermal hairstyling; stature, facial and head shapes; hair growth patterns and distribution; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting; clipper cutting; texturizing and slithering. 3007.00

COSM 224

Haircolor Services/Haircutting II

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 210, 210L or 210LE, 211, 212, 213, 214, 215

Corequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 225

Intermediate level haircolor and haircutting: Terminology and definitions; history of haircolor; scalp and hair analysis; haircolor classifications; haircolor chemistry; color developers; consultation, predisposition and strand testing; record cards; tint applications; bleach and toner application; dying back to natural; dye removers; stature, facial and head shapes; hair growth patterns; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting, clipper cutting; texturizing and slithering. 3007.00

COSM 225

Facials II

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 210, 210L or 210LE, 211, 212, 213, 214, 215

Corequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 224

Intermediate level facial and skin care: Disinfection sanitation; public health; safety precautions; tools and equipment; skin care cosmetics; draping and client protection; skin analysis; terminology and definitions; skin cleansing; massage; plain facials; eyebrow arching; packs and masks; daytime make-up; lash and brow tinting; hair removal; false lashes; evening and corrective make-up; electrical facials. 3007.00

COSM 230

Cosmetology Theory III

5 units, 5 hours lecture (GR)

Prerequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 224, 225

Corequisite(s): COSM 230L or 230LE, 231, 232, 233, 234, 235

Advanced level cosmetology theory: Bacteriology; public health and safety; disinfection and sanitation; hygiene and grooming; professionalism and ethics; State Board Rules and Regulations Act and Performance Criteria; dermatology; trichology; onychology; structure and function; disorders and diseases; related anatomy; physiology; chemistry; laboratory technician training; MSDS requirements; hazardous waste disposal; desk and receptionist training; career exploration and planning; salon management; sales and marketing. 3007.00

**COSM 230L****Cosmetology Laboratory III**

7 units, 22.5 hours laboratory (GR)

Prerequisite(s): COSM 220, 220L, 221, 222, 223, 224, 225

Corequisite(s): COSM 230, 231, 232, 233, 234, 235

Practical training for advanced level skills in all phases of beauty culture: Preparation for California State Board of Cosmetology examination for licensure as a cosmetologist. 3007.00

COSM 230LE**Cosmetology Laboratory III**

5 units, 15 hours laboratory (GR)

Prerequisite(s): COSM 220, 220LE, 221, 222, 223, 224, 225

Corequisite(s): COSM 230, 231, 232, 233, 234, 235

Practical training for advanced level skills in all phases of beauty culture: Preparation for California State Board of Cosmetology examination for licensure as a cosmetologist. 3007.00

COSM 231**Manicuring and Pedicuring III**

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 224, 225

Corequisite(s): COSM 230, 230L or 230LE, 232, 233, 234, 235

Advanced level manicuring and pedicuring: Terminology and definitions; disinfection and sanitation; tools and equipment; nail cosmetics and chemistry; public health; safety; onychology; structure and function; disorders and disease; nail shapes; water and oil manicures; nail mending and repairs; silk and paper wraps; artificial nails; fiberglass and gel nails; nail art and design; hazardous waste disposal; men's manicures; arm and hand massage; pedicuring; foot and ankle massage. 3007.00

COSM 232**Chemical Services/Haircutting III**

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 224, 225

Corequisite(s): COSM 230, 230L or 230LE, 231, 233, 234, 235

Advanced level chemical services and haircutting: Terminology and definitions; permanent wave and relaxer chemistry; rod selection and sectioning patterns; physical and chemical actions; wrapping, timing, and text curls; neutralizing; heat, pH balanced, and men's perms; strand testing; end, spiral, loop, stacked, dropped and partial perms; base and no-base relaxers; virgin and retouch applications; application methods; smoothing; processing and neutralizing; soft curl perms; chemical blow outs; texturizers; stature, facial and head shapes; hair growth patterns; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting; clipper cutting; texturizing and slithering; combination elevation haircutting. 3007.00

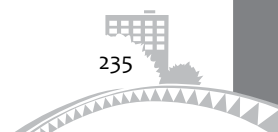
COSM 233**Hairstyling Services/Haircutting III**

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 224, 225

Corequisite(s): COSM 230, 230L or 230LE, 231, 232, 234, 235

Advanced level hairstyling and haircutting: Terminology and definitions; scalp treatments and conditioners; brushing and manipulation; chemical styling tools; wet and thermal hairstyling; stature, facial and head shapes; hair growth patterns and distribution; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting, clipper cutting; texturizing and slithering; combination elevation haircutting. 3007.00



COSM 234

Haircolor Services/Haircutting III

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 224, 225

Corequisite(s): COSM 230, 230L or 230LE, 231, 232, 233, 235

Advanced level haircolor and haircutting: Terminology and definitions; history of haircolor; scalp and hair analysis; haircolor classifications; haircolor chemistry; color developers; consultation, predisposition and strand testing; record cards; tint applications; bleach and toner applications; dying back to natural; dye removers; hennas; special effects; stature, facial and head shapes; hair growth patterns; tools and equipment; sectioning; blunt and tapered haircutting; low and high elevation haircutting; clipper cutting; texturizing and slithering; combination elevation haircutting. 3007.00

COSM 235

Facials III

1 unit, 1 hour lecture (GR)

Prerequisite(s): COSM 220, 220L or 220LE, 221, 222, 223, 224, 225

Corequisite(s): COSM 230, 230L or 230LE, 231, 232, 233, 234

Advanced level facial and skin care: Disinfection sanitation; public health; safety precautions; tools and equipment; skin care cosmetics; skin analysis; terminology and definitions; skin cleansing; massage; plain facials; eyebrow arching; packs and masks; daytime make-up; lash and brow tinting; hair removal; false lashes; evening and corrective make-up; electrical facials; high fashion and fantasy make-up; comedone removal; chemical skin peels. 3007.00

COSM 240LE

Cosmetology Laboratory IV

5 units, 15 hours laboratory (GR)

Prerequisite(s): COSM 230, 230LE, 231, 232, 233, 234, 235

Practical training for advanced level skills in all phases of beauty culture: Preparation for California State Board of Cosmetology examination for licensure as a cosmetologist. 3007.00

COSM 245

Introduction to Cosmetology

2 units, 2 hours lecture (GR)

Selected topics of interest to prospective Cosmetology students: History of cosmetology, career paths for a cosmetologist, personality development and attitude, effective communication, goal setting, time management, and ethics. 3007.00

COSM 248GA-MZ

Selected Topics in Cosmetology

.5-9 units, 0-9 hours lecture, 0-27 hours laboratory (GR)

See section on Selected Topics. 3007.00

COSM 252

Advanced Hairstyling

2 units, 1 hour lecture, 3 hours laboratory (GR)

Recommended preparation: Current California Cosmetology License

Non-degree applicable

Course study under this section may be repeated three times.

Advanced hairstyling theory and practice: Current methods and techniques used in hairstyling, haircutting, coloring and permanent waving of hair; professionalism; salesmanship; attitudes and ethics. 3007.00

COPED 458A

Occupational Work Experience in Cosmetology

1-4 units, hours to be arranged (GR) 3007.00

