## Laney Wellness Center I, Tower-250 (please call ahead to see nurse! 510-464-3516) Students are welcome to stop by for information, minor first aid and supplies, Student Health Services Clerk available Monday-Friday 9-5pm.

- **First aid, burns, cuts, abrasions falls**
- **Respond to campus emergencies after incident is called to 510 466-7236**
- **Nutritional counseling**, especially for weight loss, pre and diabetic diets, enhanced athletic performance, mood swings, sugar addiction, heart health, academic improvement diets.
- **General Health Education,** especially those struggling with asthma, chronic infections, diabetes, high blood pressure.
- **Stress management (Mental Health Services)**
- **Supplies** (Motrin, aspirin, extra strength Tylenol, antacids, condoms, feminine products, Band-Aids).
- **Dental resources**
- **Other health topics upon request.**

**Acupuncture/Massage**
Every Thursday: 9am-5pm
Tower 250, Please schedule online at http://ccacu.net/ can also call: practitioners:
Hilary@510.307-6634 (9am-1pm); Gabi@510.316-5779 (1pm-5pm)

## Laney Wellness Center II: 4th floor Student Center, SC 410

**phone:510 464-3134, please call ahead to schedule an appointment or drop in.**

**Medical Assistant: Monday-Thursday 9-5pm (closed for lunch 1-2pm)**

Nurse Practitioner : Thursday: 9am-5pm, more hours TBA

- **Nurse practitioner visit**
- **HIV Testing TBA**
- **TB Testing (Tuesdays only)**
- **Pap Smears**
- **Family Planning**
- **Flu Shots(Seasonal)**
- **Some prescriptions**
- **Respond to emergencies**
- **And more**

**Enrollment into CAL Fresh (food stamps) and Covered CA, Medi-Cal (Only available Mondays and Thursdays 9-5pm )**

**Laney Mental Health Services: across from Wellness Center SC- 414**
Lisa Sawadogo, LPCC
Days: Monday and Tuesday: 8:30am-4:30pm
Wednesday: 8:30-1:30pm
Phone**: (510)464-3535**

**Claire Crosetti MFT**
**Wednesdays and Thursdays 9-7:30pm**
**510-464-3139**