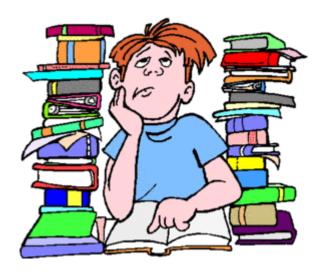
## Feeling overwhelmed ?!?! Feeling stressed ?!?!

To receive text-based support from trained Crisis Text Line counselors, students can text "COURAGE" to 741741. The support is free, accessible 24/7, and confidential.





For questions, check out: http://crisistextline.org/faq