# The Instructional (Academic Affairs) Program Review Narrative Report 

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1. College: Laney College <br> Discipline, Department or Program:Physical Education <br> Date: November 12, 2012 <br> Members of the Instructional Program Review Team: John Beam, Kim Bretz, Heather Sisneros, Josh Ramos, Johnnie Williams
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## 2. Narrative Description of the Discipline, Department or Program:

The primary goal of the Laney College Physical Education Department is to serve and meet the needs of a diverse and varied capacity community population, by providing physical and mental health education and awareness. We offer classes to a population that includes a wide range of ages, skill levels, interest in recreation and life development skills or participation in athletics. We provide classes that are oriented to the particular needs of specialty groups, like seniors and special needs population. We also have many students at Laney who are trying to move on to a four year university, who take Physical Education classes to complete their academic programs, or simply to have a break in their academic day. Our classes also provide a social setting and gathering place for students and families who wish to expand their communities. Finally, a large part of the students who we offer classes to are athletes in our athletic programs, taking classes in theory and learning skills of our seven intercollegiate sports.

Our objective is to offer a varied and stimulating Physical Education program that includes classes at many different times throughout the day, to appeal to the particular needs of each of our sub-populations. This includes early morning class times, lunch hours, day, evening classes. We offer Physical Education classes in different venues: the pool, tennis courts, gym, classrooms, the estuary, fields and in our fitness center.

Unique characteristics, degrees and certificates that are currently offered first aid CPR, introduction to athletic training, and an online health class. We also have a holistic health program that focuses on diet, stress management, healthy living. We are in the process of starting a Personal Trainer Certificate Program, and just got state approval for Kinesiology as a major at Laney College. We feel our Personal Trainer certificate Program will compliment our Fitness Center, with the state of the art cardiovascular machines, and a circuit of free weights and machines. The Fitness Center has become our most popular class, with well over 600 students enrolled each semester. The fitness center is open from $6 \mathrm{am}-2 \mathrm{pm} 4 \mathrm{pm}$ to 8 pm , Monday through Thursday, and has been open on Fridays as well. Our fitness center allows student flexibility to come in any time during the day or week. Some students come in multiple times in a day. The fitness center is staffed by a variety of instructors who have different and unique training backgrounds and areas of expertise. Students are able to pick the instructor that best meets his or her needs, and try different training methods.

We have six full time faculty and one health instructor, who is also the college nurse. Additionally we have a large contingent of adjunct part time faculty with unique skills to
enhance our offerings to seniors and for specific areas of focus, such as yoga, tennis, etc. Our faculty also utilize different training backgrounds and techniques that they bring to the fitness center and other activity courses. Our faculty is quite diverse ethnically, culturally and age wise, reflecting the variation in our community. Our faculty matches the diverse population we service. We are a mirror of our community.

Laney College is one of the few community colleges where Physical Education is not mandatory. The CSU system does require Physical Education as part of their undergraduate degree, and in order for our department to accommodate their requirements, it would be better for us to have mandatory PE as a requirement for graduation. We have passed a resolution with the Academic Senate to require one unit of Physical Education, Health or Dance as a graduation requirement. We are just waiting for implementation of this resolution District wide. With the increasing rate of obesity and associated health concerns affecting our society, it seems important to develop ways to insure physical activity and health through our offering of classes. By making it a graduation requirement we believe it will positively affect all students in helping them to live a longer and healthier life.

Changes and needs that we foresee in the next three years are as follows:
We need to change and improve our physical plant. This includes updating the locker room and showers, for both, students and faculty, as well as the gym, and having dedicated yoga/Pilates studio or classroom spaces. We currently would like to switch the men's and women's locker rooms. By switching the locker rooms, it would provide team rooms for the women's athletic program, which they currently do not have, and this would provide added equipment storage. This would be a short term fix until a new health and wellness center could be built, which is described in the new college master plan. Our proposal for a new physical education wellness center would be a multi-story building built on our parking lot. This facility would house all physical education classes, house a basketball and volleyball arena, as well as an Olympic sized pool. The top of this facility would also have our outdoor tennis courts. We envision this facility to be both for our students, staff and faculty at Laney College, but also for our community to pay to use. We have provided an outline for facility upgrades in the Laney College Facility master plan.

We have just completed the renovation of the baseball field, and the building of a field house. These upgrades have allowed us to have more teaching stations, and to provide a safer and healthier environment for our students. We now have a dedicated classroom that is used for Physical Education and Athletics. This will allow us to expand our curriculum and to teach classes at all hours of the day. Currently our track and football field are deteriorating to an unsafe condition. These two areas need to be addressed immediately.

Over the last three years we have added more fee based classes to our Physical Education program. We have added the fee based classes to replace sections that have been eliminated due to budget cuts. We have gone from 76 sections to 51 sections. This translates into a reduction from 3500 students to 2300 students in three years. Our hope is that with the recent passage of Prop 30 that we will be able to restore sections and reduce the number of fee based classes that we offer.

## 3.Curriculum

Current activity class curriculum for all but 7 courses, have been updated in the last 3 years. Of those courses, 2 courses are currently being offered and 5 courses are in the process of being deactivated. There are 44 current activity classes in which SLO's have been updated in the last 3 years. We have also developed a spin class which has been going strong for 2 years now, and currently are developing a three unit fitness and wellness class, and a two unit class on fitness programming for fitness development. These two classes will be the core classes for our personal trainer certificate program, as well as be core classes for our Physical Education major.

As per the Curriculum Review Calendar created by the Laney Curriculum Committee, we are conducting our curriculum review for all Physical Education courses during the 2012-2013 academic year. We have finished the Curriculum Review Planning Report form and have submitted our report to the Curriculum Committee.

Along with updating the P.E. curriculum we are improving the curriculum through the usage of new technology in the classroom, incorporating industry standards, and enhancing courses with new teaching styles. In combination with updating and enhancing our courses, we have developed SLO's for all but (PE 15-Golf) of our 45 currently active classes, with PE 15 in process of being deactivated. We have started the assessment process for all of our SLO's and we now have a comprehensive assessment plan for all of our classes. We will have all of SLO's assessed during the next three year cycle. (Please see attachment).

We are completely revamping our entire curriculum to comply with new Title 5 repeatability rules.... Creating comprehensive leveling of some courses and modifying or creating new student opportunities.....moving to become "Kinesiology"....better align with 4year institutions...

Our recommendation as a Physical Education department is to move forward with making P.E. a mandatory requirement for A.A. degrees. This will ensure the growth and development of the Physical Education department as a whole and subsequently provide a growing obese society with an opportunity for exposure to healthy lifestyles and healthy living. This will help us to move forward in creating a Physical Education AA degree at Laney as well as a personal training certificate program.

One of our first priorities in our department would be to fill two full time vacancies that have been created in the last three years. At the end of 2012, we had two vacancies in our department. We filled one of these positions, and at the same time had another faculty member retire. This faculty member had the longest tenure in our department and also was our head football coach. We still at this point have two positions open. These two positions are very important for us in expanding the teaching offerings and curriculum development for our department and in keeping us at the cutting edge in our field. It will also help to fill coaching positions in our Athletic department so we can continue to maintain excellence as one of the strongest athletic departments in the Bay Area.

## 4.Instruction:

Physical Education courses offer a great opportunity for instructors to utilize a variety of teaching strategies. In the Fitness Center, students are provided with work out log sheets to record their fitness progress throughout the semester. Heart rate monitors are another teaching tool, which are used to help students understand perceived effort in relation to their heart rate. Charts on the wall give students information on number of calories burned by different activity levels. Handouts are available to help students learn proper nutrition and smart dieting techniques. We are in the process of setting up a fitness center website, and an online moodle for our fitness center students to get information, view videos and take online tests. In many of our classes, including boot camp and swimming, handouts, tests and assessments are given regularly. Aerobic instructors are innovative in developing exercise sessions which incorporate various fitness equipment such as bands, steps, weights, and mats. Several of our courses such as swimming, cycling, and aerobics have now included online technology to offer information, video demonstrations, and tests to enhance learning.

New technology, such as Dart fish has allowed the Physical Education department to help students and improve technique through video analysis. We have not had our gym floor redone in the last 3 years. This is becoming a safety issue, and we are not in compliance with NCAA rules for women's basketball with proper floor markings. We have also just received a new swim score board and a new wireless pace clock for our swim program. Even with the new purchases of major equipment with Measure A Bond money, our PE department is still underfunded for our yearly supply and equipment money. Our budget has been cut to $\$ 1500$, and there is no money set aside to pay for equipment that has been broken, needs repairs or needs replacement in the fitness center. Our fitness center has been a huge benefit to our Physical Education department, but did not come with additional money for maintenance and repairs, and cleaning supplies. Many instructors still need to use personal money to help purchase equipment and instructional aides.

## Integrity \& consistency of academic standards.

The department has maintained its integrity through consistent grading through out the department along with the protocol required to make up the class, and the amount of classes a student is allowed to make up.

## Enrollment trends/student demand/salient trends affecting enrollment

Over the last three years our enrollment has dropped from 3500 students to 2300 students. This drop in student enrollment is not a reflection of the Physical Education department, nor the course offerings, but is due to the College's fiscal crisis, forcing the cutting of sections, from 76 in 2009, to only offering 51 in 2011. While our numbers have dropped, our department still maintains a very high productivity rate. Our current rate for 2011 was 18.85. Our retention rate has stayed consistent around $75 \%$, and we have had a student success rate of $70 \%$ over the last three years.

If there has been one problem over this time with our Physical education department, there has been an inadequate number of custodial crew available to do a complete job in each facility. There is only one custodian for the whole physical education department, and there is no way one person can clean sufficiently every aspect of rooms, offices, and facilities. The lack of cleaning, due to understaffed custodial services, has compromised the equipment due to the accumulating grit and grime everywhere. Students and faculty are also very concerned with the possible spread of MRSA and H1N1 in our PE facilities due to how unsanitary they seem. To
prevent the spread of MRSA our facility should be disinfected weekly at a minimum. This would include the locker room, showers, fitness room, training room, yoga and aerobic mats. Another of the major complaints from students is the dirty old uninviting locker rooms and shower areas. Students complain of the cold, damp and noxious smells in the showers and locker rooms, as do the faculty regarding the faculty showers and locker rooms. These conditions are unsanitary and unhealthy for students and must be addressed immediately.

## Course scheduling to meet demands.

Activity courses have stayed in their traditional time slots through out the semesters. The department has "tweaked" a few time frames to encourage increased enrollment in those classes. Opening up the fitness center at 6 am , Monday through Friday, has been a tremendous boon for our Physical Education students and department. These new hours have provided students, faculty and staff numerous opportunities to attend classes in a flexible manner that works around their busy schedules.

The department tested the switching of some time frames for a small set of classes based on an informal surveying of students. This was successful in increasing enrollment numbers for volleyball, badminton and aerobics. We have had a robust Saturday program over the years, but due to budget cuts, we have had to cancel all Saturday programs in the last 2 years. This has been a great inconvenience to our students, and has caused many complaints.

## Recommendations/priorities

Although there is a P.E. department annual budget, there are often needs for larger items that need to be either purchased or repaired and the department cannot afford to pay for it, and it doesn't fall into the instructionally related category. For example, the fitness center equipment must be moved twice a year to clean the floors, yet there are no provisions to accommodate this type of need.

Additionally, the root problem of an unclean and therefore hazardous learning environment is the lack of enough custodial service members. Money spent on new equipment is pointless if the campus does not have the functionality to ensure that fundamental needs are met to keep equipment and facilities working properly so students aren't disgruntled every time they show up to actively participate.

## 5. Student Success:

## Student retention/degrees and/or certificates offered/Dept. initiatives to improve rates.

At this time we have one degree programand are working to offer a certificate in personnel training in our Physical Education department. The faculty has outlined and discussed the implementation of a Personal Training Certificate Program and a Physical Education AA Degree Program. Our goal is to have proper college approval by the end of spring 2013, and start implementation of these programs in the fall of 2013. Faculty is very excited about starting these programs to meet both, student and community needs in this area. See TMC below.

In the four columns on the right, enter the course identifier, course title and number of units of a course that is comparable to the course indicated for the TMC (in the far left column). If the course may be double-counted with either CSU-GE or IGETC, put an X in the GE column.

The units indicated in the TMC are semester units - and they are minimum units. All courses must be CSU transferable. Where there is an indicated C-ID descriptor, you are certifying that your course is comparable. Where no reference descriptor is indicated, discipline faculty should compare the existing course to the sample course description(s) provided in the TMC at http://www.c-id.net/degreereview.html and attach the appropriate report from ASSIST showing the required transferability status (i.e., CSU transferable, general education, or major preparation at CSU).

| Kinesiology Transfer Model Curriculum |  | Associate in Arts degree in Kinesiology for transfer College Name: Laney College Program Requirements |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Course Title (units) | C-ID (or TCSU) Designation | Course ID | Course Title | Units | GE |
| Required Core: 14 units |  |  |  |  |  |
| Introduction to Kinesiology (3) | KIN 100 | PE 150 | Introduction to Kinesiology | 3 | 区 |
| Human Anatomy with Lab (4) |  | BIOL 2 | Human Anatomy | 5 | ® |
| Human Physiology with Lab (4) |  | BIOL 4 or BIOL 20A and BIOL 20B | Human Physiology <br> Human Anatomy and Physiology <br> Human Anatomy and Physiology | $\begin{aligned} & 5 \\ & 5 \\ & 5 \end{aligned}$ | ® |
| Movement Based Courses: (maximum 3) Select a maximum of one (1) course from any three (3) of the following areas for a maximum of three units": |  |  |  |  |  |
| - Aquatics |  | PE 029 PE 033A PE 033B PE 045 PE 046 | Long Distance Swimming Beginning Swimming Intermediate Swimming Water Polo Lap Swimming | $\begin{aligned} & .5 \\ & .5 \\ & .5 \\ & .5 \\ & .5 \end{aligned}$ | ® |
| - Combatives |  |  | n/a |  | $\square$ |
| - Dance |  | DANCE 010 DANCE 020 DANCE 022 DANCE 030 DANCE 040 DANCE 050 | Ballet <br> African-Haitian Dance <br> West African Dance <br> Jazz Dance <br> Modern Dance <br> Jazz Tap | $1$ | 区 |
| - Fitness |  | PE 002 | Aerobics | . 5 | Q |

${ }^{i}$ If a C-ID descriptor has been finalized, it may be entered in this column. http://www.c-id.net/descriptors/view final ii While the language of the template is general, colleges must specify which courses students would select from.

|  |  | PE 008 PE 009 PE 014 PE 020 PE 021 PE 022 <br> PE 039 PE 040 | Body Building Body Conditioning General Exercise Live Longer Activities Live Longer Fitness Stationary Cycling for Fitness Weight Training Yoga | $\begin{aligned} & .5 \\ & .5 \\ & .5 \\ & .5 \\ & .5 \\ & .5 \\ & .5 \\ & .5 \end{aligned}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| －Individual Sports |  | $\begin{aligned} & \text { PE } 005 \\ & \text { PE } 035 \\ & \text { PE } 036 \end{aligned}$ | Badminton Tennis Track and Field | $\begin{aligned} & .5 \\ & .5 \\ & \hline \end{aligned}$ | 区 |
| －Team Sports |  | PE 006 PE 007 PE 012 PE 038 PE 043 PE 045 PE 053 PE 054 PE 055 PE 060 PE 061 PE 062 PE 063 PE 075 | Baseball <br> Basketball <br> Flag Football <br> Volleyball <br> Techniques of Hitting <br> Water Polo <br> Baseball Fundamentals <br> Baseball Officiating <br> Baseball－－Theory and <br> Practice <br> Football Fundamentals <br> Football Officiating <br> Football Physiological and <br> Team Development <br> Football－－Theory and <br> Practice <br> Volleyball Fundamentals | $\begin{aligned} & .5 \\ & .5 \\ & .5 \\ & .5 \\ & .5 \\ & .5 \\ & 2 \\ & 1 \\ & 2 \\ & 2 \\ & 2 \\ & 1 \\ & 3 \\ & 2 \\ & 2 \end{aligned}$ | 区 |
| List A（select two）：6－10 units |  |  |  |  |  |
| Introductory Statistics for General， Business，and Social Sciences（3） | STAT 110 （TCSU） STAT 120 （TCSU） SOCI 125 | MATH 13 | Statistics | 4 | 区 |
| Human Biology（4） | BIOL 110 （TCSU） |  |  |  | $\square$ |
| Survey of General，Organic，and Biological Chemistry（5） or General Chemistry I（5） | $\begin{aligned} & \text { CHEM } 210 \text { (TCSU) } \\ & \text { or } \\ & \text { CHEM } 110 \end{aligned}$ | $\begin{gathered} \text { CHEM 1A, } \\ \text { CHEM } \\ \text { 12A, } \\ \text { CHEM } \\ 30 \mathrm{~A} \end{gathered}$ | General Chemistry， Organic Chemistry， <br> Introduction General Chemistry | 5－4 | $\boxtimes$ |
| Physics（4－5） | $\begin{aligned} & \text { PHYS } 105 \text { or } \\ & \text { PHYS } 205 \end{aligned}$ | PHYS 4A | General Physics with Calculus | 5 | $\square$ |
| First Aid and CPR（3） | KIN 101 | $\begin{gathered} \text { HLTED } \\ 014 \end{gathered}$ | First Aid and CPR | 3 | $\square$ |
| Total Units for the Major： | 20－24 |  | Total Units for the Major： | 23－26 |  |
|  |  | Total Units that may be double－counted： |  |  | $\begin{gathered} 13- \\ 14 \end{gathered}$ |

Student retention rates vary within each activity that we offer．Overall，the Physical Education department＇s retention rate is $75 \%$ ，which is above the college average of $67.4 \%$ ．The Physical Education department＇s productivity numbers over the last three years have been： 2009 21．24， 2010 21．5，and 2011 18．85．These high numbers make the Physical Education department one of the most productive programs at the college．

Key needs of students that affect learning／Services needed to improve learning／Dept．＇s efforts to access services／Instructional support needs

Many of the student services on campus are significantly utilized by students in the physical education department，and athletics．Workshops are provided for understanding the financial aid process that is set up to accommodate their hectic school and practice schedules． Two times a week an academic counselor is available in the Physical Education office to provide
both, appointments and drop in meetings for academic guidance and planning. Many of our students use the writing center, and math and computer labs to develop and maintain their skills, and to receive extra tutoring. The Library provides written material for the students to explore health topics, and to gather information on activity classes, such as rules, history, and important participants. The college nurse provides valuable information, both on mental health and physical well-being. She brings in outside professionals to help with stress reduction and increasing self esteem.

With budget cuts, the students still need to be able to access all of these important services. It will be extremely important for the college to continue preparing to add a health clinic for our changing and diverse student population.

## Efforts to assess student learning at course level/use assessment results for improvement.

All of the activity classes in the Physical Education department have some form of assessing student learning. Aerobics classes utilize written tests on nutrition, types of cardiovascular training, and basic health facts. Aerobics classes also teach and test how to take your heart rate and apply it to health training. Volleyball courses give skills tests to students at the beginning, middle and end of the semester to track progress of skill development. Our fitness center courses engage all instructors in constant observation for skill development and to ensure they understand and apply correct technique in all facets of weight lifting and cardiovascular training. These are just a few examples of the various types of tests our courses utilize to ensure learning. At this time, the Physical Education department is current with the development of SLO's for all active Physical Education classes. The department has built a three year assessment schedule which has been implemented. (Please see attached.)

With our new information on student learning outcomes, faculty will now be able to track results from our previously mentioned tests and analyze the information to improve and further refine the student performance goals.

## Recommendations/Priorities

Instituting mandatory Physical Education is the first step to help ensure higher retention rates. Additionally, with mandatory Physical Education, students will be less inclined to sign up just for a financial aid check. Mandatory Physical Education will help legitimize physical education, and fulfill a need for students: exposure to an avenue of lifelong health and fitness. With adult obesity rates at $60 \%$, and child obesity at over $30 \%$, mandatory Physical Education is an opportunity for students to learn, understand, and apply fitness knowledge to their daily lives, and hopefully one day, become a role model of fitness for their children.

## 6.Human and Physical Resources(including equipment and facilities)

## Current staff/Full-time \& Part-time/classified \& other categories of employment

We have six full time physical education instructors and over twenty-two part time instructors. We have one department secretary who has duties in both, physical education and athletics. We have two physical education attendants. This is a reduction of $50 \%$ of what we had previously. We no longer have full coverage during all of our class offerings. This creates safety issues in our locker room and limits the hours that the locker room is available for our
students, and creates a challenge to our students who can no longer change and shower after Physical Education classes. We also have six part time lifeguards working five days per week in our aquatics program. We have just been informed that we may have a major reduction in hours for our lifeguards for the spring semester 2013. This has caused major concern among our aquatics staff. Some of the concerns are missing an extra set of eyes to watch all areas of the pool while the instructor is teaching the class, extra time needed to take off or put back on the pool covers at the beginning and ending of class, and the need now for all swim instructors to be life guard certified as well. We have one person who is paid fifty percent as an athletic trainer and fifty per cent as an equipment manager. He also serves as an adjunct faculty member. We also have one IA who works in the fitness center to help maintain continuity throughout the day, and to maintain equipment and provide information to students as needed. At present we have been authorized for eight fulltime instructors, so we are in the prioritization for two additional fulltime instructors who would also be able to work in our athletic department and help with curriculum development. With the building of our new athletic field house, which will allow for additional physical education classes to be taught we would need to hire one additional physical education attendant to help monitor and set up classes in the new facility. We would need to separate the physical education secretary and the athletic department secretary into two positions, one staying in the main campus, and one housed in the new building, to meet all the student, faculty and staff needs. We would also need one more instructional assistant for athletics.

## Current Utilization offacilities \& equipment

Our new athletic field house will solve many of our previous problems with inadequate and out of date facilities. It will provide team rooms for our two men's teams, as well as provide shared team rooms for our five women's teams. It will also provide a new state of the art athletic training facility to work with our student athletes. We are still waiting for the final allocation of money to complete the weight room in the field house. Now we need address our facilities on the main campus, and provide auxiliary training room and team rooms for the sports located on the main campus. Our locker room and training facilities are sorely inadequate and out of date. They are referred to as a "dungeon" by both staff and students. Many lockers are broken and do not work properly. During the rainy season we have water leaks in the physical education area. Our four women's sports have no team rooms and must share lockers in the general physical education area. The lockers in the general PE area are not large enough to hold the players' equipment and personal items at the same time. Additional items needed for our facilities: The gym floor need to be redone and repainted and resurfaced, and appropriate line markings need to be put in for basketball, volleyball and badminton. Main basketball goals need to be repaired. One has been broken for over a year and cannot be raised or lowered. Also, bleachers in the gym need to be repaired and the tops need to be replaced so spectators can sit without concern for splinters or falling through where boards are missing. The gym needs a sound system. We have been using a portable system, that now only works at half of its capacity because one speaker has blown. Now the last speaker has finally blown and we urgently need a replacement. We need a sound system at our pool for our aquatics classes. Our fitness center sound system has been broken and we need a new amplifier. We would also like to add video monitors in the fitness center for our students as a learning tool.

## Human \& physical resources, equipment \& locations adequate/Key staffing \& facility needs

We need to add an additional part time trainer. With only one trainer, the fall season is very difficult for him, as he must treat or respond to eighty plus football players and upwards of twenty female athletes. On some days he must be on the field for football practice, be available for a volleyball match, and for water polo. The distance between the three venues is great and there is only one person to service all the sports.

Our fitness center has been a real hit with our student body and community. We do have problems there. The fitness center needs to be re-wired and updated to handle all of our cardio equipment. At least once per week we trip a breaker, and must wait until someone from facilities can come to fix it. Also, when it rains, the windows leak, which presents a hazard because they are near the plugs where the cardio equipment is plugged in. This is quite a dangerous situation.

Badminton is one of our number one enrolled classes, but we are only able to set up six nets. If we could double this capacity, we could expand the enrollment in this class. The lack of adequate gym space also prohibits us from running a volleyball tournament, which would greatly enhance our intercollegiate program.

Our aquatics program is doing quite well. Our two pools have become a real bonus to our community. The pools are used from 6 am until 8 pm daily. The aquatics area needs to have a separate budget allocation to maintain structural, instructional and safety equipment such as pool covers, flags, lifeguard equipment, fins and other aquatic supplies. We do run into problems with maintenance on our heaters, and in keeping enough chemicals on hand to keep the water balance at safe and industry standards.

One of the goals we would like to see in the future is expanding our pool to Olympic size. Currently there is not an Olympic size pool in the City of Oakland. It would be a great resource for the school and the community.

## Recommendations/priorities

We need to add a minimum of two additional full time faculty members in physical education. This person should be able to be an assistant football coach, and also have a background in curriculum development.

We need to add another full time trainer to our athletic program. Currently our trainer services seven teams, and we are adding two additional. It is impossible for him to cover all sports at once, and to adequately cover simultaneous practice and game needs. We are putting our student athletes and coaches at risk.

We are also in need of two instructional assistants, one for the fitness center, and one for athletics. With the popularity and growth of the Fitness Center, one instructor cannot adequately supervise the Fitness Center and provide instruction. The instructional assistant could assist the instructor with daily registration of students, making sure they clock in and clock out, and could provide light maintenance on equipment and light cleaning, so that we could maintain a top facility. The athletic instructional assistant will be necessary at the field house to help students and to monitor the facility while coaches are teaching on the main campus. The instructional assistant will also be able to provide video and technological support to students and coaches in our state of the art facility. The instructional assistant will also be able to support the athletic trainer in helping monitor our student athlete's rehabilitation and treatment.

In the next three years we need to start to address our gym size and locker room facilities for our students and dedicated teaching space for yoga and Pilates. We would like to see our gym expanded so that we can get a minimum of four full size volley ball courts, eight badminton courts, and two full size basketball courts.

Our Physical Education Department receives approximately $\$ 1500$ in budget to run a program that has over 2300 students enrolled. There were no additional funds provided to maintain our fitness center. There needs to be a separate budget provided for maintenance, repairs and updating of the fitness center. We currently need a swipe card system to monitor student's entry and participation in the class. We currently do not have the adequate software on our timekeeper to monitor and register our student's, their trends, nor to provide grades. Additionally our aquatic center and pool do not have a separate budget to purchase big ticket items to maintain safely and maintenance. This needs to be addressed immediately. The football field and track at Laney need to be immediately replaced. This has been discussed for the last two years. The track is defective, is falling apart and is no longer safe to use for classes or activities. The football field is over ten years old and most turf football fields are replaced after eight years. In essence, we have been on borrowed time for the last two years. The new field needs to have a wider safety strip between the edge of the field and the track surface. These two items have been identified as a college priority and as a district priority.
Fitness cents item that need to be addressed: Fitness Center maintenance/ repairs treadmills down/ ripped pads but not able to do repairs... currently over $\$ 4000$ in repairs needed.... And no budget to get them repaired.
Fitness Center - Mirrors need repairs
Fitness Center budget to replace equipment as it wears out
Physical Education has been involved in the Laney College Master Planning process and has provided direction for the future development of the Physical Education Facilities - which the Architects have included in the current master plan. We have proposed that a new Wellness Center be built on the current student parking lot area next to the planned parking garage. The center would house an Olympic size swimming pool, and be home to all of our PE venues, including a fitness center, indoor cycling room, aerobics room, yoga studio, gymnasium, PE offices, locker rooms, and even place the tennis courts on the roof. This relocation of all the PE venues would centralize everything rather than force students to have to travel long distances from locker rooms to various venues. It would also create a 'triangle' of connection with our new Athletic Fieldhouse and the center of campus. Moving the PE footprint out to a separate facility would allow the master plan to demolish the gymnasium and pool and lower the quad down to the locker room level, enhancing the connection and access with the estuary from the center of campus

# Laney College <br> Instructional Program Review Resource Needs Reporting Template 

| Division: |  | Department/Program: Physical Education |  | Contact: John Beam |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Item Identified in <br> Program Review <br> (justification) | Human Resources <br> (Staffing) | Physical Resources <br> (Facilities) | Technology and/or <br> Equipment | Supplies Budget | Curr |


| All listed in program review | 2 Full-Time Physical Education Instructors | New Football Field | Purchase new computers for all fulltime staff | Physical Education Budget of 3,000 dollars |
| :---: | :---: | :---: | :---: | :---: |
|  | 2 Full-Time Physical Education Attendants | New Track | 2 New computers in fitness center | Fitness Center budget of 4,000 dollars for equipment repair and maintenance |
|  | 1 Instructional Assistant for Athletics | Resurface Gym Floor | 2 New computers in office for adjunct faculty | Swimming pool budget of 3,000 dollars |
|  | 1 Full-Time Trainer | Replace Gym Basket, Board and Motor | New sound system in gym |  |
|  | 1 Full-Time <br> Equipment Manager | Repair Gym Bleachers | New sound system in stadium |  |
|  | 1 Full-Time Administrative Assistant for Athletics | Convert Old Men's Varsity team rooms into Women's Varsity Team rooms. | New sound system at pool |  |
|  |  | Replace/Repair mirrors in fitness center | New sound system at fitness center |  |
|  |  |  | 3 HDMI set-ups in field house |  |
|  |  |  | 6 Flat screens in fitness center |  |
|  |  |  | 2 Treadmills for field house |  |
|  |  |  | 2 Treadmills for fitness center |  |
|  |  |  | 10,000 Dollars for rehabilitation equipment |  |
|  |  |  | New pool covers |  |

## Attachment D 2 - FACILITIES NEEDS TABLE

Please list needs in order of priority within a particular category.

## Maintenance

| Deferred | Preventative | Ongoing | Emergency |
| :--- | :--- | :--- | :--- |
|  | Fitness Center | Fitness Center Field | Football Field, Track, |
|  | Equipment, Pool | House Weight Room | Gym Floor Resurface, |
|  | Cover, football grass | and Locker Room | Basketball Hoops |
|  | field. Field House | Floors and |  |
|  | Windows, Doors, | Equipment, Gym |  |
|  | Floors, and Railings | Floor cleaned, Main <br> PE Locker Room and |  |
|  |  | Showers football <br> grass field |  |
|  |  |  |  |

## Reconstruction

| Refurbish | Remodel | Renovate |
| :--- | :--- | :--- |
|  | Turn old men's team room <br> into women's team room | Switch men's and women's <br> locker rooms |

New Construction

| Short Term 1-2 years | Mid Term 2-3 years | Long Term 3-5 years |
| :--- | :--- | :--- |
|  | New physical education <br> facility |  |

## 7.Community Outreach and Articulation

## Effort to ensure curriculum responds to needs of constituencies that it serves

We have been proactive in reaching out to our surrounding communities and partnering with different organizations to bring them on campus and embrace them as part of our learning community. We have had the Oakland Unified School District and the Oakland Athletic League host different athletic events on campus. We have opened up our pool to the non-profit Undercurrent Swim Team, We have partnered with inner city volley ball programs for girls, and allow them to practice in our gym two nights per week. The Police Athletic League has used our track to run its track program, and the award winning East Oakland Youth Development Center's Track Program trains and works out at Laney College. We have also had the Oakland Park and Recreation Department run their youth festival and run numerous track events at Laney College.

Our coaches and our academic counselor have articulated and visited with four year institutions to make sure our students are prepared to meet the academic standards so they may transfer. Our coaching staff provides clinics for local high school coaches and players

