

## Laney Wellness Services

### **Tower-250**

**Indra C. Thadani RN, MS, PHN, nurse and coordinator**  
**Open: 10am-5pm Monday & Wednesday**  
**510-464-3516 or 415-942-0181**

- First aid, burns, cuts, abrasions falls
- Respond to campus emergencies
- Eye exam vouchers
- Dental resources
- Nutritional counseling, especially for weight loss, pre and diabetic diets, enhanced athletic performance, mood swings, sugar addiction, heart health, academic improvement diets.
- General Health Education, especially those struggling with asthma, chronic infections, diabetes, high blood pressure.
- Stress management
- Supplies (Tylenol, Benadryl, antacids, condoms, feminine products, Band-Aids).
- Lactation room
- Campus shield assistance
- Other health topics upon request.



Laney College does not discriminate on the basis of age, race, religion, color, gender identity, gender expression, sexual orientation, ancestry, citizenship, national origin, military or veteran status, disability, marital status, pregnancy, medical condition, and immigration status.

### **Laney Mental Health Services: Tower 210**

**Susan Yee LCSW, 510-464-3535**  
**Days: Monday, Thursday, Friday: 9am-5pm**  
**Wednesday: 12pm-8pm**

- 25-minute consultation
- 50 individual sessions with Ms. Susan Yee or graduate intern
- Small group support Fridays 1pm, room TBA

### **Medical Services:**

**7272 Mac Arthur (across from Eastmont mall),**  
**Oakland, please call ahead to schedule an appointment:**  
**510-633-7077**

**Open: Monday to Friday: 9am-5pm**

### **Medical Services:**

- Nurse practitioner visit
- HIV Testing (TBA)
- TB Testing (Monday & Tuesday, readings Wed. & Thursday)
- Pap Smears
- Family Planning
- Flu Shots (Seasonal)
- Some prescriptions
- And more
- **Covid testing: at 9925 International, Mon 9-2:30pm, Thurs. 9-12pm**
- **Covid vaccines at 9925 International: Thursday + Friday, 1-4pm**

### **Medical Assistant available:**

**Monday-Thursday 9 a.m.-5 p.m.**

Patient Navigator can assist in enrollment into CAL Fresh (food stamps) and Covered CA, Medi-Cal

Hours: 9 a.m.-5 p.m.