**Chapter 10 – Quiz**

Efforts to control conception began:

 a. at the beginning of this century.

 b. in the Middle Ages.

 c. during the Renaissance.

 d. at least as far back as recorded history.

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2.

 Oral contraceptives were first available in this country:

 a. in 1945.

 b. in 1960.

 c. at the turn of the century.

 d. in 1920.

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3.

 In 1972, the Supreme Court case \_\_\_\_\_\_\_\_ extended the right to privacy to unmarried individuals by decriminalizing the use of contraception by single people.

 a. Sanger v. Comstock

 b. Roe v. Wade

 c. Griswold v. Connecticut

 d. Eisenstadt v. Baird

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4.

 Birth control is suggested to have all but which of the following advantages?

 a. It delays menopause.

 b. It may help avoid giving birth to children with hereditary diseases.

 c. It results in better health for mothers.

 d. It results in better health for children.

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5.

 MOST practicing Catholics in the United States are:

 a. likely to abstain from contraceptive use.

 b. twice as likely as non-Catholics to use contraception.

 c. likely to use some kind of artificial contraception.

 d. much less likely to use contraception than Protestants.

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6.

 Anti-contraceptive religious groups view contraception as a slippery slope toward:

 a. abortion.

 b. infanticide.

 c. decreasing abortion rates.

 d. increased unwanted pregnancy.

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7.

 Accompanying your partner to a medical exam for birth control is an example of:

 a. participant modeling.

 b. policing your partner.

 c. shared responsibility.

 d. the buddy system.

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8.

 Which of the following is NOT a circumstance under which a couple may want to use a back-up method of contraception?

 a. When first learning to use a new method.

 b. The first through third months of changing to a new method.

 c. During the first cycle of the pill.

 d. When the couple wants to increase the effectiveness of a method they're already using.

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9.

 Even when used correctly, which of the following is the LEAST effective birth control method?

 a. diaphragm and spermicide

 b. estrogen-progestin pills

 c. male condom

 d. Depo-Provera

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10.

 Research has indicated that individuals who \_\_\_\_\_\_\_\_ about sex are likely to use contraception ineffectively.

 a. feel anxious

 b. are apathetic

 c. are phobic

 d. feel guilty

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11.

 Which of the following statements regarding outercourse is FALSE?

 a. It is safe sex, in that you cannot contract or transmit a sexually transmitted disease.

 b. Oral sex is a form of it.

 c. Anal intercourse is a form of it.

 d. It can be a viable form of birth control.

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12.

 Hormone-based contraceptives can work in all of the following ways EXCEPT:

 a. preventing the fertilized egg from implanting in the uterus.

 b. altering cervical mucus so the passage of sperm is blocked.

 c. inhibiting ovulation.

 d. constricting the fallopian tubes to block passage of the fertilized egg.

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13.

 \_\_\_\_\_\_\_\_ provides fluctuations of estrogen and progesterone levels during the cycle.

 a. Depo-Provera

 b. The triphasic pill

 c. The progestin-only pill

 d. The combination pill

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14.

 All of the following are advantages of taking oral contraceptives EXCEPT:

 a. reducing the possibility of hypertension.

 b. decreasing acne.

 c. reducing menstrual cramps.

 d. decreasing the possibility of benign breast disease.

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15.

 For women over the age of 35 who smoke, the \_\_\_\_\_\_\_\_ outweigh the \_\_\_\_\_\_\_\_ of oral contraceptives.

 a. benefits; risks

 b. benefits; cost

 c. cost; benefits

 d. risks; benefits

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16.

 When using the transdermal patch, which of the following techniques for use is CORRECT?

 a. It should be inserted into the vagina and left in place for 30 days.

 b. It is inserted under the skin, below the armpit.

 c. A woman replaces the old patch with a new one on the same day each week for three weeks, then takes a seven-day patch free week.

 d. It must be applied six hours before sex and left in place for 12 hours after sex.

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17.

 Which of the following statements regarding condoms is FALSE?

 a. Vegetable oil is a good alternative lubricant if water-based lubricant is not available.

 b. Nonlubricated condoms can be used for protection from infection during fellatio.

 c. For some men, the diminished sensation associated with condom use is preferred because it delays ejaculation.

 d. Some people are allergic to latex condoms.

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18.

 In order to correctly use condoms to prevent pregnancy:

 a. the condom must be held at the base of the penis as it is withdrawn from the vagina.

 b. water-based lubricants should be used.

 c. all of these.

 d. the condom must be used before the penis has contact with the vulva.

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19.

 Which of the following may increase the incidence of yeast infections and urinary tract infections?

 a. vaginal spermicides

 b. Depo-Provera

 c. lubricated condoms

 d. norplant

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20.

 A woman may insert a diaphragm as long as \_\_\_\_\_\_\_\_ prior to intercourse and have it still be effective.

 a. three hours

 b. six hours

 c. one-half hour

 d. one hour

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21.

 A woman would have to be fitted for all of these cervical barrier devices EXCEPT:

 a. vaginal foam.

 b. Leah's Shield.

 c. cervical cap.

 d. diaphragm.

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22.

 Which of the following statements regarding intrauterine devices is TRUE?

 a. Some types can reduce PID by clearing out the area.

 b. They increase the chances of ovarian cancer.

 c. They work by inhibiting ovulation.

 d. They are more effective than using a diaphragm.

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23.

 One form of emergency contraceptive includes giving larger than normal doses of:

 a. estrogens and/or progestins.

 b. androgens and estrogens.

 c. antibiotics.

 d. prostaglandins.

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24.

 \_\_\_\_\_\_\_\_ is the MOST effective method of birth control EXCEPT abstinence.

 a. Sterilization

 b. The pill

 c. The condom

 d. The IUD

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25.

 Ernest confides to Tim that he is scheduled to have a vasovasostomy. Ernest:

 a. is a volunteer participating in male contraceptive research.

 b. is having a vasectomy reversed.

 c. should be advised of the side effects of this surgery related to potential birth defects.

 d. is having a tube implanted in his scrotum to increase fertility.

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26.

 In ancient Egypt women placed dried crocodile dung next to the cervix to prevent conception.

 True

 False

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27.

 According to one study, Catholic women in the U.S. are much more likely to use birth control than non-Catholic women.

 True

 False

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28.

 Oral and anal sex are types of "outercourse".

 True

 False

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29.

 The progestin-only birth control pill works by inhibiting ovulation.

 True

 False

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30.

 The vaginal ring and the transdermal patch are both barrier methods of contraception.

 True

 False

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31.

 A major advantage of the cervical cap is the relative lack of side effects.

 True

 False

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32.

 Immediately prior to ovulation, a woman's body temperature drops slightly.

 True

 False

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33.

 Sterilization is the most effective method of birth control except for abstinence.

 True

 False

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34.

 If a woman undergoes tubal sterilization, it will most likely have a negative effect on her sexual motivation.

 True

 False

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35.

 Female sterilization is easily reversed.

 True

 False

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